

Swing Plane and Swing Path



Setup



Backswing



Top



Downswing



Impact



Follow-thru



Finish

Throughout the whole swing, the most efficient way to hit the ball straight is to keep the club “on-plane” and on a correct path.

Swing plane is the tilt and direction of inclined plane made by shaft during swing.

Swing path is the line of travel that the club is traveling at impact.